CARLSBAD UNIFIED SCHOOL DISTRICT PRESENTS

PARENTS AND PREVENTION

Carlsbad Unified School District will host a five week series of workshops at the Carlsbad Police Department Safety Center (Conference Center)
2560 Orion Way, Carlsbad, Ca. 92010 (Please attend one or all)
These workshops are open to CUSD families and the Community

WEEK #1: Tuesday, May 2, 2017 6:00-7:00 pm
Carlsbad Cops and The Community
Topics: Cops and Youth, Social Host Ordinance, Prescription Medications Drop Box
Presenters: Jaime Meroniuk (SRO) School Resource Officer; Tyler Mozzacco Detective; Malcolm Warfield Juvenile Justice Coordinator

WEEK #2: Tuesday May 9, 2017 6:00-7:00 pm
Distracted Driving and Reckless Roadways
Topics: Texting and Driving
Presenter: Jim Bettencourt, California Highway Patrol Officer and Public Information Officer

WEEK #3: Tuesday, May 16, 2017 6:00-7:00 pm
Responsible Social Media
Topic: Latest Apps - Parent Youth Technology Contract
Speaker: Jon Moffat, Cyber Educator

WEEK #4: Tuesday, May 23, 2017 6:00-7:00 pm
Just the Facts – Youth and the Laws
Topic: Cell Phones, Computers, Driving, Freedoms and Responsibilities
Presenters: Shawanalyse Ochoa, San Diego District Attorney
Fernando Uribe, SD County Probation Department

WEEK #5: Tuesday May 30, 2017 6:00-7:00 pm
Teens: Brains, Bodies, Stress & Success
Topic: This workshop will introduce the scientific background regarding the physical and mental effects of stress and mindfulness as it applies to teens. The workshop will include practices that focus on 3 strands: 1) self care techniques, 2) resiliency, and 3) full presence.
Speaker: Erik Conklin

Please RSVP to Rosemary Eshelman Student Services Specialist at reshelman@carlsbadusd.net.

For more information about the Carlsbad Unified School District Parent University please contact Rosemary Eshelman (760-331-5021 or reshelman@carlsbadusd.net). To learn more about Parent University visit www.carlsbadusd.k12.ca.us. Carlsbad Unified School District has been a Live Well San Diego partner since January 2016. For more information, visit www.livewellsd.org.

Healthy, Safe, and Thriving